

SwimAmerica INSTRUCTOR TRAINING CERTIFICATION

with Fullerton Aquatics Sports Team, Inc.

The **SwimAmerica** program is the official lessons program of USA Swimming. The **SwimAmerica** curriculum teaches swim instructors to build their classes around specific goals that are part of a ten-step progression. From the foundation of water safety, **SwimAmerica** instructors teach the fundamentals of all four competitive swimming strokes: Freestyle, Backstroke, Breaststroke, and Butterfly.

Fullerton Aquatics Sports Team, Inc. (FAST) offers training opportunities for potential **SwimAmerica** instructors. The course consists of classroom and in-pool sessions. After completing the coursework and passing a take-home exam, students are eligible to receive their **SwimAmerica** Coach Certification which is recognized at more than 700 operating locations throughout the country.

Location

Fullerton Community Center indoor pool – 340 West Commonwealth Ave, Fullerton, CA 92832

Dates & Times

Saturday, April 23rd, 11:00 AM – 3:00 PM & Sunday, April 24th, 9:00 AM – 12:00 PM

Course Fee

\$95.00

Bring

Bathing suit (one piece), Goggles, Towel, Notebook, Pen/Pencil

Registration

Please be advised that classes fill up quickly and are filled on a first-come, first-served basis. All applicants must be at least 15 years of age and have some aquatics experience. Checks are the only acceptable form of payment. Please fill out the two attached pages and turn in with complete course payment made out to FAST (with "**SwimAmerica** Training" on the Memo line).

Refund Policy

There will be no refunds to participants who do not successfully complete the class and/or attend all class sessions.

Contact Us

Any questions about this class may be directed to Christina Sanchez-Reese at csanchez@fastswimming.net.

Cancellation Policy

FAST reserves the right to cancel any class due to low enrollment numbers. If a class is cancelled, all registered participants will be notified by phone at least 48 hours prior to the first class.

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REGISTRATION

Please note that each participant requires a separate form.

NAME OF PARTICIPANT <i>(Last, First, Middle)</i>	DATE OF BIRTH	AGE	HOME PHONE
STREET ADDRESS	CITY	ZIP CODE	DAY PHONE
GUARDIAN/PARENT NAME	EMAIL		CELL PHONE
EMERGENCY CONTACT NAME	RELATIONSHIP	EMERGENCY CONTACT PHONE NUMBER	
HISTORY OF MEDICAL CONDITION(S):			

Permission – Please sign and date.

I give permission to FAST to use any and all picture(s) taken of me during class participation, for the purpose(s) of any and all FAST advertising. I legally waive my right to any and all form(s) of payment and/or entitlement for any and all pictures of me used for these purposes. My signature on this document acknowledges that I have read and understand the above statement.

Participant Signature: _____ **Date:** _____

Parent/Guardian Signature (if participant is under 18 years of age): _____ **Date:** _____

Minor Release – If participant is under 18 years of age, please sign and date.

I, the minor's parent and/or legal guardian, understand the nature of the aforementioned activities and the minor's experience and capabilities. I believe the minor to be qualified, in good health, and in proper physical condition to participate. I hereby release, discharge, covenant not to sue, and agree to indemnify and hold harmless each of the releasee's from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the releases. I further agree that, despite this release, if I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or costs they may incur as the result of any such claim.

Parent/Guardian Signature: _____ **Date:** _____

Participant Waiver/Release – Please sign and date.

*In consideration of being permitted to participate in any way in the **SwimAmerica** Instructor Training ("Activity"), I, for myself, my personal representatives, assigns, heirs, and next of kin,*

- 1. Acknowledge, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.*
- 2. I fully understand that: (a) Class participation, especially activities involving skill practice and in-water testing have risks of injury including serious bodily injury or death ("Risks"); (b) Traveling to and from class at the start, end, or break of class, or traveling to separate training sites may involve driving, ride sharing, or otherwise traversing public streets, thereby incurring additional Risks; (c) these Risks may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place or the negligence of the releases named below; (d) there may be other Risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such Risks and responsibility for all losses, costs, and damages that I incur as a result of my participation or that of the minor in the Activity.*
- 3. I hereby release, discharge, and covenant not to sue Fullerton Aquatics Sports Team, Inc., their instructors/coaches/leaders conducting the Activity as well as their agents, employees, third party contract instructors, guest speakers, or assistants, the certifying agency of course certificates that are being issued, other course participants, and, if applicable, the owners and lessees of the premises on which the Activity takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, negligent security, and recreational operations and activities. I further agree that if, despite this Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement, if I or anyone on my behalf makes a claim against any of the Releasees, I will indemnify and hold harmless each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which anyone may incur as the result of such claim.*

I have read and fully understand this agreement and its' terms. I understand that I have given up substantial rights by signing it and verify that I have done so freely and without any inducement or assurance of any nature. I intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance shall continue in full force and effect.

PRINTED NAME OF PARTICIPANT: _____ **DATE:** _____

PARTICIPANT SIGNATURE: _____ **DATE:** _____

If participant is under 18 years of age:

PRINTED NAME OF PARENT\GUARDIAN: _____ **DATE:** _____

PARENT\GUARDIAN SIGNATURE: _____ **DATE:** _____